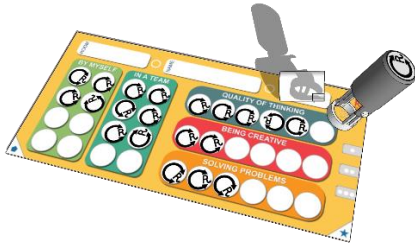


One Page Introduction to Resilience Circle System:

The best way to get to know the basics is to look at the short presentation 'Resilience Circle Quick Info for Schools' in the downloads section of www.ajbox.co.uk. This document assumes you have already viewed it.



Overview:

Resilience Circle is a low cost, low overhead Personal Resilience Skills tracking system available from www.ajbox.co.uk, suitable for schools, groups and other applications. Educators stamp the student's individual Resilience Circle card twice to reward Resilience Skills being applied. One stamp for '**Context**' and One stamp for '**Category**' of resilience. Stamps are self-inking and can be ordered customised.

Example 1: A student does a good piece of research individually when working on a project. They are awarded a '**By Myself**' stamp on the resilience card as well as a '**Quality Of Thinking**' stamp

Example 2: A student works well in class well, contributing the idea that helps the team produce a piece of quality work. They would be awarded an '**In A Team**' stamp and a '**Being Creative**' stamp

Recording Resilience:

Completed cards (When any category row is filled up with 6 stamps) are replaced with a new card and the completed one can be used to track Student's Resilience over time

Customising the cards:

Resilience Circle cards can be ordered from www.ajbox.co.uk in custom designs, but you may want to experiment at first by adding your own words to spaces on standard cards using Avery L4736 sticky labels. Standard self-inking stamps are available in 8 different colours at no extra charge. You can also order custom stamps (also in 8 different colours) which can include up to 3 alphanumeric letters or a small icon.

Free Resources to help you start using Resilience Circle:

All resources are free to download from www.ajbox.co.uk. No purchase necessary.

- INSET Presentation for Staff including examples of how to use Resilience Circle
- General Video introducing Resilience Circle
- 6 Resilience Circle themed low cost resilience building projects, 3 with lesson plans
- Blank Certificates, Graphics for Resilience Circle for ordering your own mugs, t shirts etc
- Customised Word document and Excel spreadsheet to input and track students' progress
- Dyslexia optimised 'explainer' sheet to help students learn the system
- Teachers guide with examples / tips and extensive FAQ

Ongoing Support: Any resilience Circle purchase entitles you to one-year email support

COST: 1000 cards £60, 5000 cards £270. Standard logo stamps £12. Prices correct at August 2020
Order from www.ajbox.co.uk. Payment by PayPal only, postage and packing extra

Training and INSET: Contact us for prices of training and INSET